

HOW TO ACCESS SERVICES



My heat or electricity is shut off.

Contact Utility Assistance at (503) 615-0771 and leave a message.



I'm experiencing homelessness or I'll be homeless within 30 days.

Contact Community Connect at (503) 640-3263 or communityconnect@caowash.org.



I need emergency food assistance.

Contact Hillsboro Family Shelter at (503) 726-0812 for a food box.



I am at risk of being evicted or behind on my rent.

Contact Emergency Rent at (503) 615-0770. For eligibility requirements, please visit our website.



I need help paying my utility bills.

Contact Utility Assistance by visiting our website.



My home needs upgrades that help with energy efficiency, heating, and safety repairs.

Contact Energy Conservation (503) 906-6550 or weatherization@caowash.org.



I need care and education for my kids ages 0-5.

Contact Head Start Enrollment at (503) 693-3262 or headstart@caowash.org.



I'm interested in opening a child care business, providing child care, and/or professional development opportunities in early childhood education.

Contact Child Care Resource & Referral at (971) 223-6100 or ccrr@caowash.org.



I want help with prenatal care, parenting support, and/or home visiting services.

Contact Help Me Grow at (503) 726-0879 or helpmegrow@caowash.org.



I am a SNAP recipient interested in career development.

Contact Family Development Career Coach at careerboost@caowash.org.



I am interested in financial education classes.

Contact Family Development at (503) 726-0823 or ida@caowash.org.

For more details about these services:

Visit www.caowash.org

Call 503-648-6646

Scan the QR code

