



## Qalabkayga diirinta ama korontada ayaa go'an/xiran

La xiriir barnaamijka **Utility Assistance** oo u dhaaf farriin: (503) 615-0771



## Waxaa i haysa hoy la'aan

Haddii aad tahay hoy la'aan ama ku lumin doonto gurigaaga wax ka yar 2 toddobaad, la xiriir **Community Connect**: (503) 640-3263



## Waxaan u baahanahay gargaarka cuntada degdega ah

Wixii la xiriira sanduuqa cuntada, la xiriir **Hillsboro Family Shelter**: (503) 726-0812



## Waxaan khatar ugu jiraa in guriga la iga saaro ama dib uga dhaco bixinta ijaarkayga

La xiriir **Barnaamijka Taageerada Dhanka Ijaarka ah ee Xaalada Degdega ah**: (503) 615-0770, 9:00 subaxnimo ee 8-da ama 15-ka bisha. (Haddii 8-da ama 15-ka ay dhacaan toddobaadka dhammaadkiisa fadlan nala soo xiriir Isniinta taasi soo raacda)

Si loogu qalmo qoysku waa in uu: Ku nool yahay Degaanka Washington, leeyahay hantida ijaarka oo cusub, uu haystaa ogeysiinta iska saarida guriga ee bixin la'aanta lacagta ijaarka, ay tahay in uusan helin taageerada dhanka ijaarka ee ee xaalada degdega ah laba iyo tobbankii bilood ee la soo dhaafay, uu ka hooseeyaa boqolkiiba 30% heerka dakhliga dhexdhexaadka ah ee degaanka:

Halkan calaamadee boqolkiiba 30% heerka dakhliga dhexdhexaadka ah ee degaanka ee loogu talagalay degaanka <https://www.beavertonoregon.gov/299/Income-Eligibility-for-CDBG-Programs-Pro>



## Waxaan caawimaad uga baahanay bixinta lacagta biilashayda adeega 'utility'

La xiriir barnaamijka **Utility Assistance**: (503) 615-0771

[https://caowash.org/programs/energy-assistance/energy\\_request.html](https://caowash.org/programs/energy-assistance/energy_request.html)



## Gurigeenu wuxuu u baahan yahay cusbooneysiinta tamarka oo lacag la'aan ah iyo diirin iyo dayactir ah dhanka caafimaadka & ammaanka

La xiriir barnaamijka **Energy Conservation**: (503) 906-6550

[weatherization@caowash.org](mailto:weatherization@caowash.org)



## Waxaan u baahanahay waxbarasho loogu talagalay carruurtayda da'doodu u dhaxayso 0-5

Dakhliga-loo qalmo, oo aan wax kharash laga qaadayn qoysaska la xiriir **Head Start Enrollment**: (503) 693-3262—fax-ka: (971) 223-6114 [headstart@caowash.org](mailto:headstart@caowash.org)



## Waxaan daneynayaa in aan furo ganacsiya daryeelka carruurta, bixinta daryeelka carruurta; iyo/ama fursadaha horumarinta xirfadeed ee dhanka waxbarashada carruurnimada hore

La xiriir **Child Care Resource & Referral (CCR&R)**: (971) 223-6100—fax-ka: (971) 223-6101—[crr@caowash.org](mailto:crr@caowash.org)



## Waxaan u baahanahay caymis caafimaad

Hel caawimaad lacag la'aan ah oo ah isqorista caymiska caafimaad. Waxaanu kaa caawin karnaa qorsheynta caymiskaaga caafimaad oo wax lacag ah ku kacayn! Qorshaha Caafimaadka Oregon (OHP) wuxuu u furan dadka oo dhan, isaga oo u furan carruurta iyo dhallinyarada iyada oo aan la eegayn xaalada muhaajirnimada. Waxaan gacan ka geysan karnaa ogaanshaha u qalmidaada iyo ka jawaabida wixii su'aalo ah. La xiriir kooxda **Coordinated Systems**: (503) 726-0877—[OHP@caowash.org](mailto:OHP@caowash.org)



## Waxaan rabaa in aan ku xirnaado daryeelka mudada hore ee uurka la leeyahay, taageerada waalidka, iyo/ama adeegyada booqashada guriga

La xiriir barnaamijka **Help Me Grow**: (503) 726-0879—[helpmegrow@caowash.org](mailto:helpmegrow@caowash.org)

<https://caowash.org/programs/early-childhood-development/ec-app.html>

<https://caowash.org/programs/early-childhood-development/comunicarse-con-helpmegrow.html>



## Waxaan daneynayaa koorsooyinka waxbarashada dhaqaale oo lacag la'aan ah

La xiriir barnaamijka **Family Development**: (503) 726-0823

[ida@caowash.org](mailto:ida@caowash.org)



## Waxaan ahay qof hela SNAP oo daneynaya horumarinta shaqo

La xiriir La taliyaha Xirfada **Horumarinta Qoyska**.

[careerboost@caowash.org](mailto:careerboost@caowash.org)

### HILLSBORO MULTI-SERVICE CENTER

1001 SW Baseline St.

Hillsboro, OR 97123

Telefoonka: 503.648.6646

### TIGARD MULTI-SERVICE CENTER

11515 SW Durham Rd. Ste. E8

Tigard, OR 97224

Telefoonka: 503.648.6646

### BEAVERTON MULTI-SERVICE CENTER

5050 SW Griffith Dr., Suite 100

Beaverton, OR 97005

Fax-ka: 503.601.6005